



# NDAS

## NORTHUMBERLAND DOMESTIC ABUSE SERVICES

Supporting anyone affected by domestic violence or abuse

Domestic abuse can be **physical, emotional, psychological, sexual** or **financial**, and can involve **coercive controlling behaviours, stalking** and **harassment**.

You may feel **afraid, guilty, worthless, ashamed, isolated,** lacking in **confidence** and **self-esteem**.  
NDAS is here to help and empower you.

NDAS provide emotional and practical support.  
We are here to help anyone affected by domestic abuse.

Call us

**01434 608030**